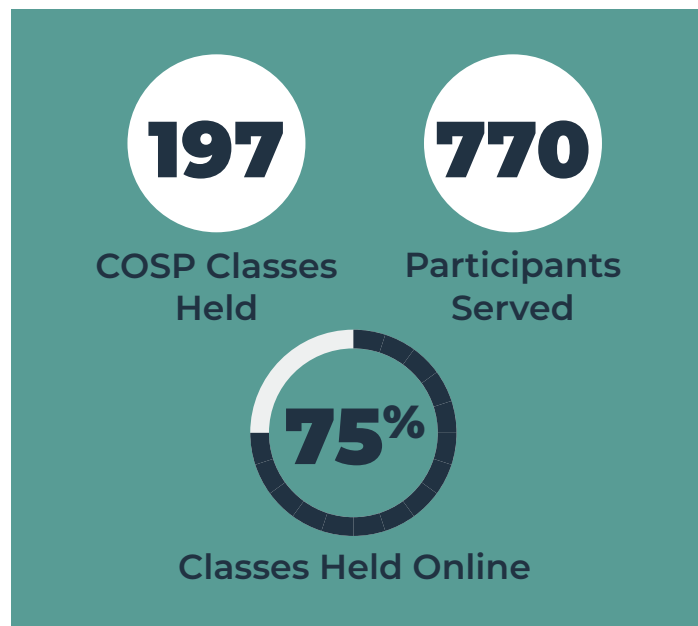
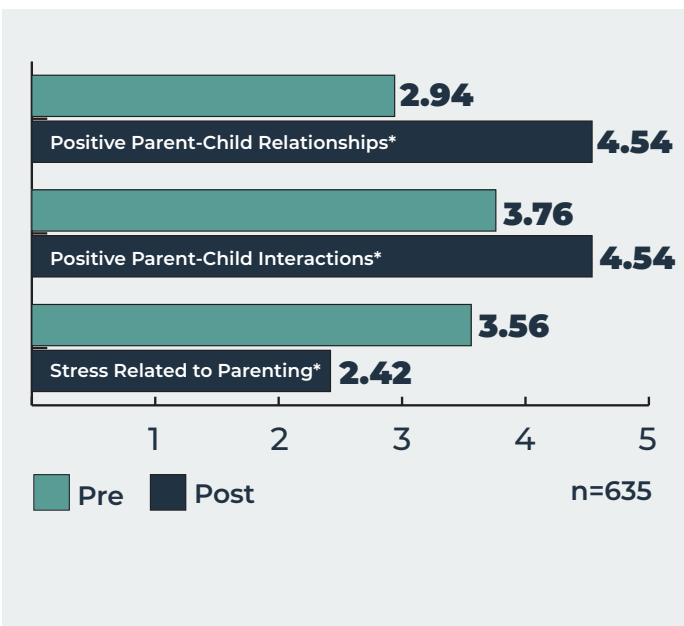


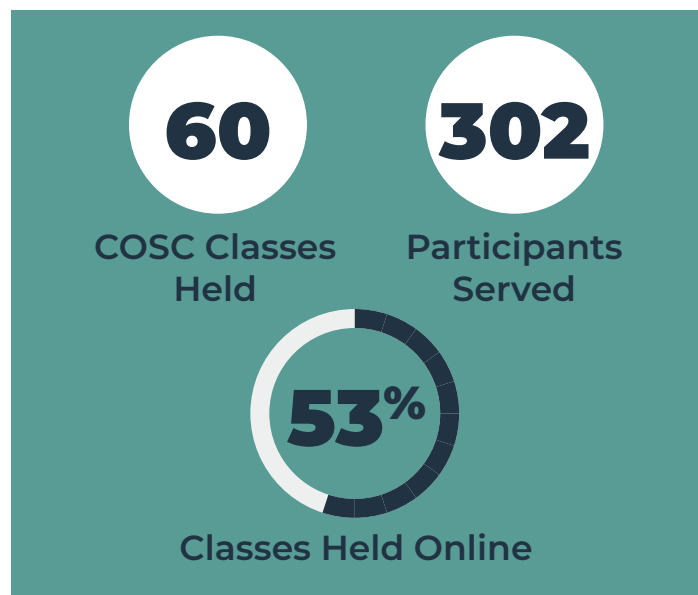
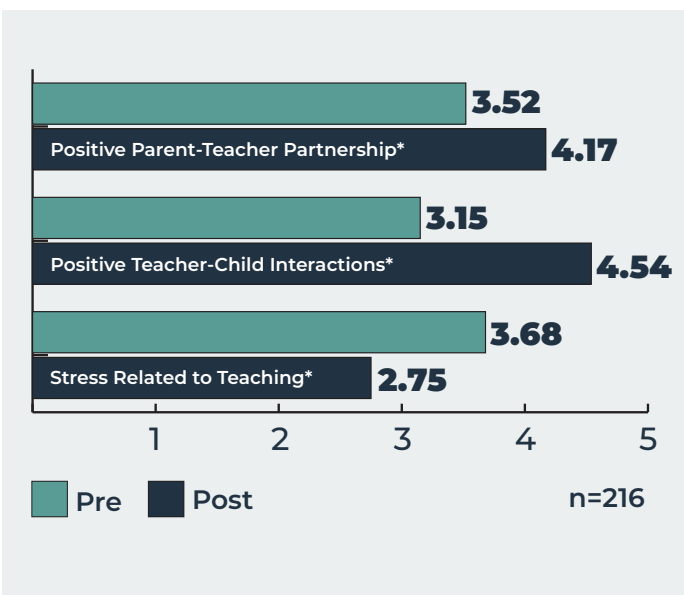


Traditional Circle of Security Parenting (COSP)



Circle of Security Classroom Model

Participants joined COSC for a variety of reasons. Many reported that they wanted to learn how to better help, communicate with, and serve the children in their care. Others reported that they joined COSC because their workplace was encouraging or providing the classes.



What did participants tell us about their experience?

Repairing Relationships

Understand my shark music played a much bigger impact in all of our lives more than I ever realized it did. This is helping me repair the bond of my older child, that I didn't think was possible till now.

Helpful

I was blown away by how this program made me understand the difficulties of parenting.

Authentic

This program has made me more aware of the individual needs of each child and to be more patient and take more time to listen intently to what they are trying to communicate.

What did COS facilitators tell us about their experience?

Partners

I really enjoy facilitating for child care providers. They are so passionate about their work and want to do the best they can, and they see COSP as a way to get there!

Enjoyment

Being able to do classes online has helped in the rural area I live in. In the past, I may not have enough local people to participate in an in-person class. The online option allows me to still serve my community and other small communities.

Encouraged

It was heart-warming to see the dads working so hard in class, showing up, communicating their issues... and taking an active role in problem solving.

Conclusions

- ✓ The adaptation of traditional COSP to be used by early care and education professionals (teachers) for classroom environments has been successful and met the needs of educators across the state.
- ✓ Virtual delivery of COSP has increased access for both parents and teachers seeking to improve their parenting skills and classroom behavior.
- ✓ COSP was effectively implemented across communities with parents demonstrating significant increases in parenting skills, improved relationships with their children, and decreased parenting stress.

- ✓ Facilitators viewed reflective consultation as a valuable resource as it helped them reflect on themselves, their facilitation practice and ultimately helped them be more sensitive as they worked with the participants.
- ✓ Facilitators reported that Fidelity Coaching helped them to lower their stress related to facilitating COSP and enhanced their facilitating practices (e.g., identifying caregiver's needs, helping to repair relationships, recognizing what behaviors trigger their own "shark music", and confidence in meeting the needs of caregivers.)