

Rooted in Relationships Logic Model

Mission

Rooted in Relationships partners with communities to implement evidence-based practices that build a strong foundation for young children's social-emotional health, while enhancing statewide structures and collaborative systems that support Infant and Early Childhood Mental Health (IECMH).

Inputs

Human Resources

- State-level Technical Assistance
- Community coordinators
- Community-based trainers and coaches

Financial Resources

- State and federal public funding
- Private philanthropic investment
- Community-based match

Partnerships

- State agencies
- Higher education
- Community-based stakeholders

Activities

Workforce Development

Building and supporting a high-quality early childhood education workforce

- Pyramid Model coaching
- Pyramid Model training
- Early childhood and Pyramid coach trainings
- Professional development for coaches
- Coaching data to facilitate fidelity
- Circle of Security (COS) Classroom

Community and Family Engagement

Connecting and strengthening communities and families

- Circle of Security Parenting (COSP)
- Parents Interacting with Infants (PIWI)
- Community-driven strategy implementation
- Integrated early childhood work plans
- Collaboration amongst childcare providers

Innovation and Expansion

Driving data-informed growth and reach

- Process and outcome evaluation
- Continuous quality improvement
- Evaluate systems-level strategies
- Pyramid Model fidelity measures
- Addressing suspensions and expulsions

Statewide Infrastructure

Strengthening and sustaining infant and early childhood mental health systems

- ECMH efforts with partners
- Evidence-based ECMH interventions
- Reflective consultation
- Infant Mental Health Endorsement
- Nebraska Association for Infant Mental Health
- Pyramid State Leadership Team
- COS Statewide Leadership Team

Outputs

- # of EC coaches and Pyramid coaches trained
- # of parents participating in evidence-informed family engagement programs like COS, PIWI, etc.
- # served directly through systems strategies (providers, families, children, etc.)
- # of counties with at least 1 provider in Rooted
- # of child care providers participating in Rooted
- # of children with Rooted providers

- # of children with a current IEP/IFSP in place or were referred to early intervention in the last year
- # of coaching sessions for providers
- # IECMH endorsed
- # reached through communication
- # of active cross-system collaborations

Outcomes

Short Term Outcomes

- Increased provider knowledge of social and emotional development
- Increased family engagement
- Improved problem-solving skills among children
- Increased emotion regulation among children
- Improved child social skills
- Increased knowledge of social-emotional resources among providers and families
- Increased collaborative engagement among partners

Long Term Outcomes

- Increased staff retention
- Improved classroom management practices
- Reduced rates of suspension and expulsion
- Increased provider self-efficacy
- Decreased child challenging behaviors
- Increased school readiness
- Improved parent-child relationships
- Increased shared resources
- Increased community capacity for systems change
- Decreased siloed efforts in EC systems
- Increased access to ECMH services