

The Power of Mindfulness in Early Care Settings

"To teach well you need to be well."
Mindfulness contributes to wellbeing and supports the base of the pyramid model. (6 hours)



Effective Family Engagement Strategies in Early Care and Education

Partnerships with families in early care settings lead to effective family engagement and supports young children's school readiness. (6 hours)



A Trauma-Sensitive Approach in Early Care and Education

Reflect on and learn new strategies for using trauma-sensitive approaches in early care and education. (6 hours)



Cultural and Linguistic Diversity

Gain resources and strategies on incorporating culturally appropriate practices. (6 hours)



FIND AN EARLY CHILDHOOD EXTENSION EDUCATOR

<https://child.unl.edu/about-us>

For more information
contact Tasha Wulf
Extension Educator
tasha.wulf@unl.edu
308-345-3390

The University of Nebraska does not discriminate based upon any protected status. Please see go.unl.edu/nondiscrimination.

The Power of Mindfulness in Early Care Settings

"To teach well you need to be well." Mindfulness contributes to wellbeing and supports the base of the pyramid model. (6 hours)



Effective Family Engagement Strategies in Early Care and Education

Partnerships with families in early care settings lead to effective family engagement and supports young children's school readiness. (6 hours)



A Trauma-Sensitive Approach in Early Care and Education

Reflect on and learn new strategies for using trauma-sensitive approaches in early care and education. (6 hours)



Cultural and Linguistic Diversity

Gain resources and strategies on incorporating culturally appropriate practices. (6 hours)



FIND AN EARLY CHILDHOOD EXTENSION EDUCATOR

<https://child.unl.edu/about-us>

For more information contact Tasha Wulf Extension Educator
tasha.wulf@unl.edu 308-345-3390

The University of Nebraska does not discriminate based upon any protected status. Please see go.unl.edu/nondiscrimination.

