



Rooted in Relationships Executive Summary 2023-2024

Initiative Overview

The Rooted in Relationships (RiR) initiative partners with communities to implement evidence-based practices that enhance the social-emotional development of children, birth through age 8.

System Priorities for RiR Community Stakeholder Teams

- Radio and social media campaigns
- Hosting family fun nights and events
- Parenting classes, such as Parents Interacting with Infants and Circle of Security Parenting
- Partnerships with local schools to provide training

13,897

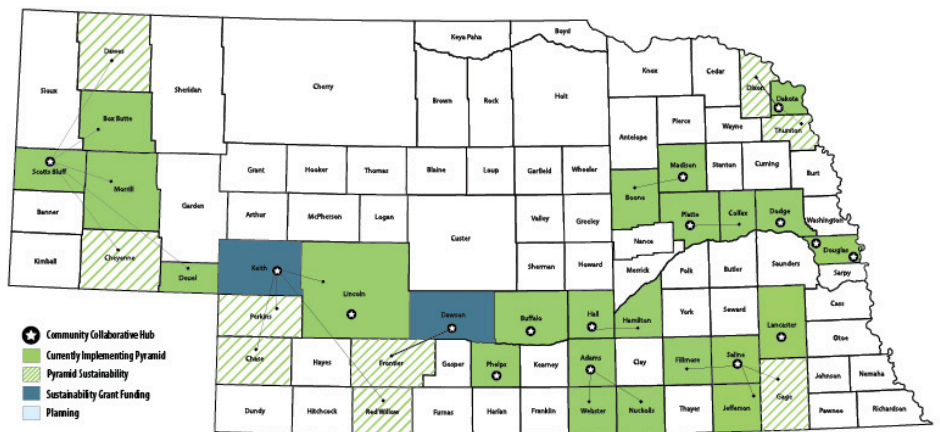


families and children were directly served by system-level efforts from January, 2023-July 2024.

BUILDING STATEWIDE CAPACITY

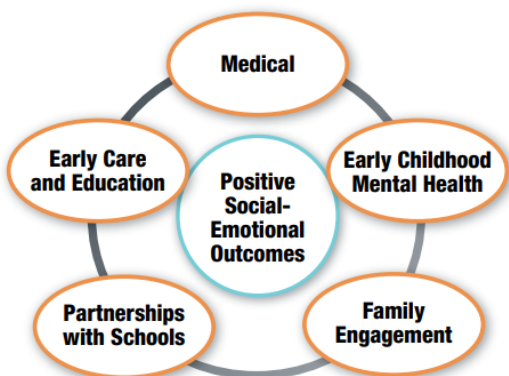
To support early childhood systems of care, RiR partners with stakeholders across the state to build infrastructure and capacity. Such partnerships and practices include the Nebraska Child Care Referral Network, UNL's Nebraska Resource Project for Vulnerable Young Children (Child Parent Psychotherapy, Early Childhood Mental Health Community of Practice, Parent-Child Interaction Therapy), Nebraska Center on Reflective Practice, Nebraska Association for Infant Mental Health, Communities for Kids, Circle of Security Parenting, Parents Interacting with Infants, Pyramid State Leadership Team and coach collaboration teams.

Rooted in Relationships



ABOUT THE PYRAMID MODEL

For those implementing the Pyramid Model, in 2023, RiR supported:



System Priorities for RiR
Community Stakeholder Teams

45

Early Childhood
Coaches

311

Providers and
Directors

147

Early Childhood
Programs

Pyramid Model Outcomes

About the children

1

In 2023, RiR Pyramid Model served over 2,989 children. Of children with reported demographic data, 47.2% were of preschool age, 69.3% were Caucasian, followed by 11.2% were Hispanic, and 2% were Black/African American. 93.2% had typical social-emotional skills and 23% of children qualified for a state child care subsidy.

About the providers and directors

2

Of the providers with reported demographic data (n=311), 26.2% had 3-5 years of experience in child care followed by 1-2 years (22.8%). 48.8% of providers highest level of education was a high school degree.

About the coaches

3

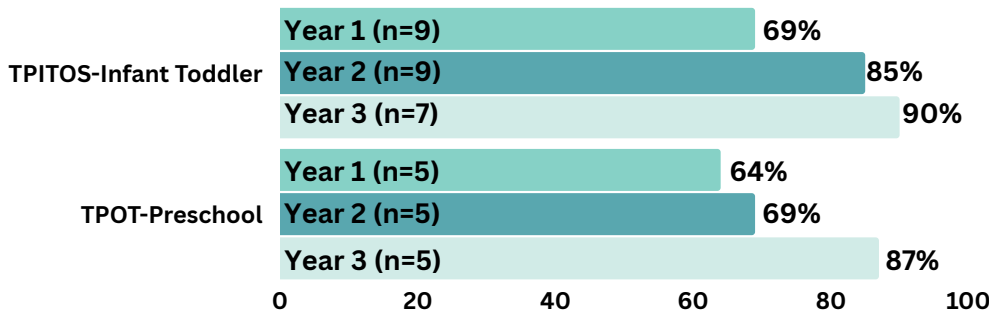
Across the state, 45 coaches worked closely with providers to implement the Pyramid model. Each county had one to six coaches including a lead coach. Coaches were a mixture of mental health providers and early childhood specialists (e.g., providers, trainers, administrators).



CENTER-BASED OUTCOMES

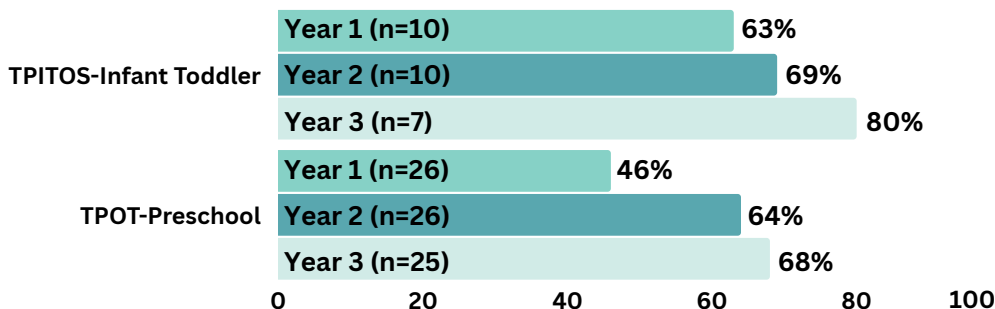
Center-based classrooms receive Teaching Pyramid Observation Tool (TPOT) and Teaching Pyramid Infant-Toddler Observation Scale (TPITOS) observations three times during Pyramid implementation. The goal is to have 80% of key practices in place by year 3 and no red flagged classroom practices. An Analysis of Variance (ANOVA) test was conducted to compare the means of groups across the 3-year implementation period. Findings demonstrated the greatest increases in observation scores happen between years 1 and 2 and years 1 and 3, changes between years 2 and 3 were not significant. The following describes mean percentages for key practices in place for the 2020-2023 cohort and the 2021-2024 cohort.

2020-2023 Cohort



100%
By year 3 (Spring 2023), 100% of preschool and infant-toddler classroom practices had no red flags.

2021-2024 Cohort

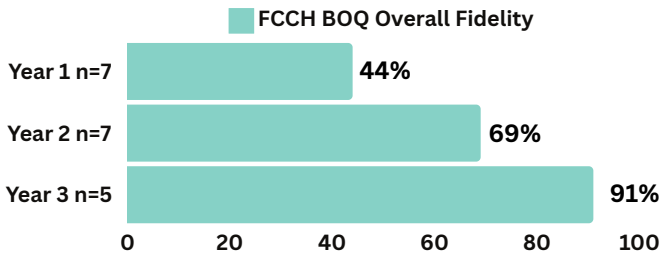


99%
By year 3 (Spring 2024), 99.9% of infant-toddler classroom practices and 99.6% of preschool classroom practices had no red flags.

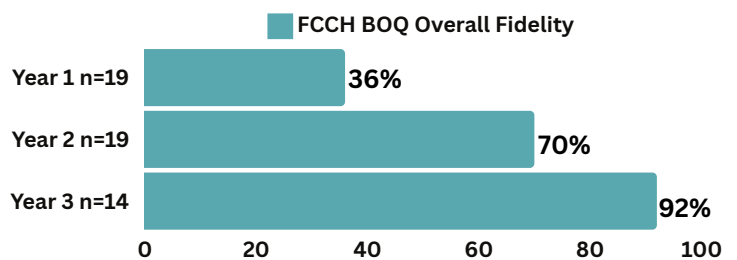
Provider Outcomes

All home providers use a fidelity tool called the Family Child Care Home Program-Wide PBS Benchmarks of Quality (FCCH BOQ). The following graph shows the percentage of Pyramid practices that were fully in place on average across time for each sub-scale and overall. To meet fidelity to the Pyramid Model, 75% of the practices must be in place.

2020-2023



2021-2024



"I could see the different relationships I have with the kids with me being in Rooted and with my co-workers not being in Rooted. I like how much more calm I am when it comes to disciplining and behaviors."

-Year 1 Provider

"I think it has helped my relationships with parents in making us more knowledgeable, especially when it comes to challenging behaviors. They come to us for guidance if it's happening at home, too. Now we have a lot more knowledge ourselves so we can help"

-Year 1 Provider

Characteristics of Coaching Sessions

Coaches logged 2,873 in-person visits, phone consultations and teleconferencing sessions within 2023. During the first half of 2024 a total of 1,357 sessions took place. A typical coaching session used a cyclical process. Session characteristics in 2023 included planning (66%), problem-solving (55%), providing feedback (35%), or focused observation of provider with a group (33%).

To evaluate the impact of the Rooted in Relationships initiative over the past 10 Years an analysis took place examining overall change in TPOT/TPITOS scores for total lead providers engaged (n=109).

TPOT Average Scores



TPITOS Average Scores



Provider Perceptions

After Year 2:

- 100% of providers believed the Pyramid Model had been helpful with addressing challenging behaviors.
- 100% of providers believe Pyramid Model coaching has been helpful to support children's social-emotional development.
- 96% of providers felt they could help children calm down when they were upset after engaging in coaching.

After Year 3:

- In 2023 & 2024, 100% of providers would recommend the Pyramid Model to a colleague.
- In 2024, 94% of providers found Pyramid Model coaching to be valuable.
- In 2024, 92% of providers found Pyramid Module trainings to be valuable.



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