

Dawson County Work Plan: 2016-2017

Goal: Individuals in Dawson County will be able to identify and access early childhood social-emotional supports and services that will result in healthy, stable families.

Dawson County Outcomes:

1. Children's social and emotional needs are met
2. Families are informed and attending parent engagement opportunities
3. Communication and collaboration between community agencies is improved which reduces duplication of services
4. Existing programs that are successful are sustained and expanded
5. Barriers are reduced and families are able to access the services they need
6. Culturally competent services and supports are available
7. Infant and early childhood mental health providers are trained and available

Objective 1: Parent Engagement and Support

Outcomes:

Families are informed and attending parent engagement opportunities

Communication and collaboration between community agencies is improved which reduces duplication of services

Existing programs that are successful are sustained and expanded

Barriers are reduced and families are able to access the services they need

Activities	Projected Completion	Who's Responsible?	Notes	# Served: Projected and Actual
1.1 Parent/Family/Caregiver/RiR Member Surveys				
1.1a COS-P participant pre and post surveys	First class and Last meeting of each COS-P class	COS-P Instructors Consultant: Patti Mahrt-Roberts	Instructors submit them to Patti. Patti aggregates and submits evals and results to funding sources upon completion of each class and reports results to Dawson RiR members at monthly meetings	Projected: 40 Actual to date: 17
1.1b Dawson RiR Initiative Satisfaction Survey	March 2017	Kerry Hansel	Survey results shared at the April 2017 meeting	Completion Date:
1.1c. Create a document that explains the framework for Dawson County RiR meetings and operation	May- June 2016 Completed by July1, 2016	Collaboration team	Define goals, structure, roles, responsibilities, and decision making procedures.	Completion Date: October 2016
1.1d Submission of 6 month reports to Ne. Children and Families	Due July 2016, Jan 2017 and July 2017	Coordinator: Kerry Hansel Consultant: Patti Mahrt-Roberts	Reports will be completed and submitted and shared at the June 2016, January 2017 and June 2017 meetings	Completion Dates: June 2016
1.1e				

Activities	Projected Completion	Who's Responsible?	Notes	
1.2 Collaborate and Coordinate Training & Parent Engagement Opportunities				
<p>1.2a Coordinate and support Circle of Security (COS) Parenting</p> <p>8 Classes (6 English, 2 Spanish) will occur in Lexington, Gothenburg and Cozad</p>	<p>August 2016- June 2017</p>	<p>Parent Engagement Sub-group</p>	<p>Coordinate specific class locations and dates for ongoing classes throughout Dawson County</p> <p>7-26-16 to 9-13-16: Jamie in Lexington (English)</p> <p>9-13-16 to 11-1-16: Kristi in Gothenburg (English)</p> <p>9-6-16 to 10-24-16: Karina in Cozad (English)</p> <p>10-3-16 to 11-21-16: Nancy in Lexington (Spanish)</p> <p>1-9-17 to 2-27-17: Kristi in Cozad (English)</p> <p>February: Karina in Lexington at High School (English)</p> <p>3-6-17 to 4-24-17: Nancy in Lexington (Spanish)</p> <p>4-3-17 to 5-22-17: Jamie in Gothenburg (English)</p> <p>***Classes will be held if there are at least 4 families enrolled in the series</p>	<p>Projected: Ave. 5 participants per class (40 total)</p> <p>Actual # Participants:</p> <p>4</p> <p>5</p> <p>4</p> <p>4</p> <p>—</p> <p>—</p> <p>—</p> <p>—</p>

<p>1.2b Apply for Region II mini-grant</p>	<p>July 2016- June 2017 December 2016</p>	<p>Consultant: Patti Mahrt-Roberts</p>	<p>Blend Rooted in Relationships funds and Region II Mini Grant \$ 3,000 Region II grant to be used for COS-P trainer fees and Training Materials RiR funds: Mileage, stipends for childcare, interpreters, facility , food, additional trainer fees, etc.</p>	<p>Completion Date:</p>
<p>1.2c Identify and reach out to community champions who will support and market in each community</p>	<p>July 2016- June 2017</p>	<p>COS-P Trainers Consultant: Patti Mahrt-Roberts</p>	<p>Fliers, Face Book, E-Mail List serve, Early Childhood Coalition Calendar, local newspapers DHHS, Schools, Child Care providers</p>	
<p>1.2d. Develop fliers, forms, etc For COS-P class opportunities throughout the County: (Sites Gothenburg, Lexington, and Cozad) Between July 2016 and June 2017</p>	<p>July 2016</p>	<p>Consultant: Patti Mahrt-Roberts Roxanne Vipond Cindy Schulthess Robin Einspahr</p>	<p>Trainers will set up 8 classes 1/week and will Email location, dates, and time info to Roxanne and Patti. Roxanne will make fliers, and sign in sheets, and attendance forms for IN_KIND. Fliers be distributed out at RiR mtgs.one month prior to the class start date. Newspapers will be notified (Other possibilities; Radio...TV) NOTE: Tyson Possible partner/ location ???</p>	<p><u>Fliers</u> <u>Projected :</u> 30 Actual to date: 15</p>

				<u>Newspaper</u> <u>Articles</u> Projected: 2 Actual:
1.2d.1 Make a plan for parent/participant recruitment in each community for COS-P classes	July 2016- June 2017	PE Sub-group Cindy Schulthess, Robin Einspahr, Shonna Werth TRAINERS: Jamie Reed, Kristi Albrecht, Karina Lupercio & Nancy Pinedo	***Trainers provide incentives***1 Gift card/family incentive for 4 Consecutive class attendances. (1 excused absence at the discretion of the trainer) Incentive Certificates and refreshments are to be purchased locally At Plum Creek-Lex, Sonny's- Cozad and Petersons-Gothenburg (incentives exclude purchases of alcohol, lottery or cigarettes) ***Trainers will make arrangements for refreshments based on expected attendance	<u>Projected:</u> <u>Incentives</u> <u>Given:</u> 6 / class or 48 total <u>Actual:</u> 3 7 10
1.2d.3 Implement PYRAMID parent recruitment in each community	July 2016 – June 2017	PE Sub-group Trainers Pyramid Coaches	Develop plan to coordinate distribution of fliers, Pyramid Coaches will recruit child care providers enrolled families to attend COS	<u>Pyramid</u> <u>Families</u> <u>Attending</u>

		Pyramid Providers		Projected: 8 Actual to date: 0
1.2d.4				
1.2d.5				
Objective 2: Raising Public Awareness of Social and Emotional Development and Existing Community Resources				
Outcomes:				
<p>Children’s social and emotional needs are met</p> <p>Families are informed and attending parent engagement opportunities</p> <p>Communication and collaboration between community agencies is improved which reduces duplication of services</p> <p>Barriers are reduced and families are able to access the services they need</p> <p>Culturally competent services and supports are available</p> <p>Infant and early childhood mental health providers are trained and available</p>				
Activities	Timeline	Who’s Responsible?	Notes	
2.a. Promote social and emotional public awareness in the county.				

<p>2.a.1 Create a List of community events which RiR can participate</p>	<p>July 2016 – ongoing</p>	<p>PA Subgroup</p>	<p>* Lexington “Lights Out” After School Event- 11-3-16 (Children drew “Turkey hands” wrote friend info on it- distributed bags and fliers)</p> <p>*Community Parades : Overton Goodwill days 6-6-16 Lexington Homecoming Parade 10-14-16 (childcare providers and children dressed as super friends and distributed bubbles with “blow your anger away” stickers)</p> <p>* Lexington High School Community Health Fair 11-29-16 (combine tables with other organization ex. Hospital or School, and give out RiR fliers)</p> <p>* ELA Week of Young Child event at Lexington middle school 4:30-6:00 April 27th 2017</p>	<p>Actual Served: 150</p> <p>250 300</p>
<p>2.a.2. Create lead contacts for each community event and timelines of duties</p>	<p>August 2016</p>	<p>Communication Subgroup</p>	<p>One lead for each activity who will coordinate volunteers and materials</p>	<p><u>Lead contacts</u></p> <p>Projected</p> <p>6</p> <p>Actual</p> <p>3</p>
<p>2.a.3 Encourage community agencies to promote social-emotional development</p>	<p>Monthly Meetings ongoing</p>	<p>Lead-Communication Sub-Group</p>	<p>Provide information to include on websites and linking to other resources</p>	

		Whole Rooted in Relationships Collaborative group		
2.a.4 Develop social & emotional messaging campaign	January 2017	Communication Sub-Group (leads: Rebecca & Jessica)	Promote Dawson RiR video in communities	Projected 2 events: Actual to Date: 0
2.a.4.1 Promote events through community resources that families can access	July 2016- June 2017	Communication Sub-Group (leads: Linda, Pat & Rob)	-Newspaper (People Plus, Que Pasa) -Somalian Center -Radio (KRVN, KRGI, Hispanic Radio) -TV Stations -Tyson electronic announcement board -YMCA -Parent/Child Center -Schools -Public Libraries in each community -Hospitals and doctors' offices	Community resources Projected 10 Actual To Date: 8
2.a.4.2 Develop and promote a mental health/social-emotional themed events to coincide with the Week of the Young Child	Plan: January-February 2017- Promote: March-April 2017 Week of the Young Child- April 24-28, 2017	Communication Sub-Group (leads: Linda, Pat & Tracy) Consultant: Patti Mahrt-Roberts	"Take a friend to the Theater Event" Movie with free popcorn paid for by RiR. Admission is a can of food for the local food pantry. Fliers developed, printed, and disseminated (English and Spanish) Patti contact newspaper for Photo and article info in communities Need to look into Sumner and Overton and Cozad Preschool to see what they are planning **** Look at the budget after the first of the year (last year cost was \$415) ****RiR video ****Find out how much the popcorn cost	Movies/Events Projected: 1 Actual to date: 0

			****Idea to partner at the Libraries in Gothenburg, Cozad, and Lexington, Sr. Center at Overton.	
2.a.4.3 Create public service messages	December 2016	Communication Sub-Group (leads: Rob & Tracy)	<p>Topics: Brain Development, Mental Health/Social Emotional Information, Local Resources (WIC, etc.), and ACEs, (Parenting Counts, First Five radio spots) to keep RiR and Social Emotional in the spotlight</p> <p>Create a Dawson RiR video that highlights the Pyramid</p> <p>2 child care providers and their programs and Nancy and COS-P</p>	<p>Projected: 6</p> <p>Actual to date: 0</p>
2.b. Communication and dissemination of Mental Health provider list				
2.b.1 Update the current list of providers for EC Mental Health referrals:	November 2016	Communication Sub-Group (leads: Bonnie, Linda & Jessica)	<p>Locate a List of EC Mental Health providers</p> <p>***HHS has a list on website.</p>	<p>Located:</p> <p>10/2016</p>
2.b.2 Contact each provider to get permission to list them and make sure they want to be on the list	February 2017	Communication Sub-Group (leads: Bonnie, Linda & Jessica)	update the List of EC Mental Health providers	Completion Date:
2.b.3 Disseminate EC Mental Health referral list	April 2017	Large Rooted in Relationships Collaborative group/Lead-	Develop a list of individuals who we want to make sure receive the list	<p><u>Individuals on list</u></p> <p>Projected 25</p> <p>Actual to date: 0</p>

		Communication Sub-Group		
2.b.4. Send out MH provider list, mental health fact sheet, parent survey results, and encourage wide dissemination of the list	May 2017	Large Rooted in Relationships Collaborative group Lead-Communication Sub-Group	Disseminate information to those on list	<u>Information sent out</u> Projected 20 Actual to Date: 0
Objective 3: Pyramid Model Implementation				
Outcomes				
Children's social and emotional needs are met Existing programs that are successful are sustained and expanded Barriers are reduced and families are able to access the services they need Culturally competent services and supports are available Infant and early childhood mental health providers are trained and available				
Activities	Timeline	Who's Responsible?	Outcomes	
3a. Identify Pyramid Model coaches	July 2016	Pyramid Sub-group	Coaches are identified	4 coaches Identified

			Patti Mahrt- Roberts-Lead, Tracy Weiland, Alma Borreguo and Claire Morrison	
3b. Recruit and Select Providers to take part in Pyramid Model Expansion Implementation:	December 2015- July 2016	Recruit: PE Sub-group Selection Group: Roxanne Vipond Patti Mahrt-Roberts Shonna Werth Pyramid Provider cohort 1	December 2015: 2 informational meetings May-June 2016: Recruitment meetings June 2016: Selection and notification of participants Update application and translate into Spanish Send out letters- translate into Spanish Personal Contacts- Shonna	<u>Providers who apply</u> Projected 25 Actual 14 <u>Providers Selected</u> Projected 12-15 Actual 12
3c. Training Pyramid Coaches:	New coach training NTI Conference April 3-7, 2017	Ne Dept of Ed	Alma Borrego: attend 2 day new coach training in Lincoln in June 15 and 16 and one day Pyramid coach training in August 9, 2016 Claire Morrison: attend 2 day new coach training Sept 23-24 Pyramid Coaching Oct 25, 2016 3 coaches will be supported to attend NTI April 5-7 1 coach to attend the preconference and two others to attend the conference April 3-4	Projected 3 Actual Days of Training To Date: 6

<p>3d. Pyramid Module Training Cohort 1: 2 Trainings</p> <p>Cohort 2: 4 Trainings</p>	<p>October 2016 February 2017</p> <p>August 20, 2016 September 10, 2016 November 12, 2016 Jan. 14, 2017 April 29, 2017</p>	<p>Pyramid coaches and childcare providers</p>	<p>Cohort 1 (2 trainings x 6 attendees= 12) October 22, 2016 Module 4A (6 actual attended) February 18, 2017 Module 4B (6 actual attended)</p> <p>Cohort 2 (4 trainings x 12 attendees=48) August 20 Director meeting (3 attended) September 10, 2016 Module 1A (15 attended) November 12, 2016 Module 1B (14 attended) January 14, 2017 Module 2A April 29, 2017 Module 2B</p>	<p>Cohort 1 Projected: 12 Actual to date: 12</p> <p><u>Cohort 2</u> Projected: 48 Actual to date: 32</p>
<p>3e. Organize coaching schedule for all providers between each module training: Implementation plan for Cohort 1 and Cohort 2</p>	<p>July 2016-June 2017</p>	<p>Pyramid coaches/providers</p>	<p>Coaching hours Cohort 1 (6 participants x 1 hr x 12 months= 72 hours of coaching) Cohort 2 (12 participants x 2.5 x 12 months= 360 hours of coaching)</p>	<p>Projected Cohort 1 72 hours Cohort 2 360 hours Actual</p>

3f. Provide incentives to Providers taking part in Pyramid	July 2016- June 2017	Coaches submit paperwork monthly	Cohort 1: Coaching \$25/ month x 12, \$100/ training x 2 \$25/Leadership meeting x 9 = 300 +200+225= \$725/provider Cohort 2: Coaching \$50/month x 12 \$100/training x 4 Leadership training 3 x \$100 \$25/Leadership meeting x 9= 600+400+225= 1,225/provider	Incentives \$ given Cohort 1 \$4,350 Cohort 2 \$15,000
3g. Leadership Meetings 9 per program year	July, August, September, October, November, January, February, March, April	Lead Pyramid Coach	Topics to be generated from coaching data and interests 18 providers x 9 meetings= 162 x 90% attendance=146 July 11, 2016 August 5, 2016 September 12,2016 October 10, 2016 November 12, 2016	<u>Providers Attending Meetings</u> Projected 146 Actual 16 13 15 17 <u>17</u> Total to Date: 78/90=87%
3h.				
3i.				