





## Nebraska Pyramid Model Trainer Requirements

"Training is a learning experience, or series of learning experiences, specific to an area of inquiry and related set of skills or dispositions, delivered by a professional with subject matter and adult learning knowledge and skills. A planned sequence of training sessions comprises a training program." (*Early Childhood Education Professional Development: Training and Technical Assistance Glossary*, 2011, NAEYC & NACCRRA)

The Pyramid Model is a conceptual framework of evidence-based practices for promoting young children's healthy social and emotional development. It is built on the foundation of a high-quality, effective workforce and 3 other tiers of practice including: High quality supportive environments and nurturing & responsive relationships, targeted social emotional supports, and intensive intervention.

Based on the modules produced by the Center on the Social Emotional Foundation for Early Learning (CSEFEL), the Nebraska specific Pyramid Module Training was developed in 2019, and updated in 2022, by Dr. Jen Gerdes with support from Rooted in Relationships at Nebraska Children and Families Foundation and the Nebraska Department of Education-Office of Special Education, in partnership with the Nebraska Pyramid Leadership Team.

The Nebraska Pyramid Leadership Team has found that effective Pyramid Model trainers should have the following background prior to providing training on the Pyramid Modules:

- Documented experience as an early childhood trainer
- Attended all Pyramid Modules required by the project for which they will be training
- Have previously attended the Nebraska specific Pyramid Model Training of Trainers
  - If a trainer has attended a previous Pyramid Model Training of Trainers but has not yet attended the Nebraska specific Pyramid Model Training of Trainers since 2019, AND they have met the other two requirements listed, they may be given access to the Pyramid Model training materials, but they will be required to attend the next available Pyramid Model Training of Trainers session.

The Nebraska Specific Pyramid Modules training packet consists of 6 main module trainings, as well as an additional supplemental training. The modules are as follows:

- Pyramid Module 1A Building Nurturing and Responsive Relationships
- Pyramid Module 1B Understanding and Creating High Quality Supportive Environments
- Pyramid Module 2A Importance of Social Emotional Teaching Strategies
- Pyramid Module 2B Enhancing Emotional Literacy Skills and Problem Solving
- Pyramid Module 3A Individualized Intervention
- Pyramid Module 3B Intensive Intervention
- Rooted in Relationships Year 2, Training 3 Practice, Practice, Practice
  - This training is only required for Rooted in Relationships, but is offered in the Training of Trainers package and can be used by other initiatives and programs

Each Pyramid initiative in Nebraska has a different training schedule and structure. Trainers must refer to and follow their specific initiative's training guidance.