

# Saline & Jefferson Counties Rooted In Relationships

## WORKPLAN - Year 3

Updated 11.15.2016

**GOAL:** Every infant, toddler and young child in Saline & Jefferson Counties will experience positive social & emotional development.

### Abbreviations

CC - Child Care  
 COS-P - Circle of Security Parenting  
 SE DEV – Social Emotional Development  
 PM – Pyramid Model  
 RIR - Rooted in Relationships

<b>OBJECTIVE 1:</b>		<b>Implement the Pyramid Model (PM) in Saline County Early Childcare venues.</b>				<b>Contract Signed:</b> Year 2: 5/1/2015-6/30/2016 Year 1: 5/1/2014 - 4/30/2015
<b>ACTIVITY</b>	<b>INDICATORS</b>	<b>DATA</b>	<b>TIMEFRAME</b>	<b>RESPONSIBLE PARTY</b>	<b>OUTCOMES</b>	<b>UPDATES</b>
1a. Continue to meet on a regular basis	1a. RIR group meets at least 2x annually	1a. Meeting Minutes	July 2016 – June 2017	1a. RIR Coordinator and Community Group Stakeholders	1a. Group cohesion is maintained  1a.2 Revisions to the RIR process will be open for discussion  1a.3 The plan will be revised upon input of community stakeholders	Meeting was held on November 2 <sup>nd</sup> in Crete – will meet again in January in Fairbury
1. b. Hold 2 additional trainings  Monthly coaching activities will	Training scheduled  Coaching	Training held  Coaching logs	July 2016 – June 2017	RIR Coordinator & Coaches	2b. 1. Providers will complete PM training and be prepared to provide on their own.  2b. 2. Coaches will decrease coaching hours	<b>First training was held 9/24/16; second training scheduled for 3/4/17</b>

<p>continue</p> <p>Leadership development team will meet – 4 meetings in Year 3</p>	<p>activities</p> <p>Meeting Agendas developed</p>	<p>Data collected &amp; analyzed by UNMC-MMI</p> <p>Meeting Minutes</p>			<p>to an as needed basis, depending on provider wishes.</p> <p>2b. 3. Leadership team will become self-sustaining</p>	
<p>1c. RIR large Stakeholder group will meet regularly during the implementation period.</p>	<p>1c. RIR group meets 2x annually</p>	<p>1c. Meeting Minutes</p>	<p>On-going</p>	<p>1c. RIR Coordinator and Community Group Stakeholders</p>	<p>1c. 1 Group cohesion is maintained</p> <p>1c.2 Revisions to the RIR process will be open for discussion</p> <p>1c.3 The plan will be revised upon input of community stakeholders</p> <p>1c.4 Discussion regarding other EC systems work in the community.</p>	<p>Discussions have began around systems work in Saline County – will be on the agenda for future meetings.</p>
<p>1d. Communication to stakeholders regarding the PM implementation and evaluation will be initiated</p>	<p>1d. Email listserv will continue to provide communication to stakeholders regularly</p>	<p>1d. Log of email communications</p>	<p>On-going</p>	<p>1d. (RIR) Coordinator</p>	<p>1d.1 Community stakeholders will continue to be connected and involved in the process</p> <p>1d.2 Community stakeholders will be ready to assist with the development of the Year 2 Work Plan.</p>	

<b>OBJECTIVE 2:</b>		<b>Implement Circle of Security Training for parents in Saline County and in Jefferson County</b>				
<b>ACTIVITY</b>	<b>INDICATORS</b>	<b>DATA</b>	<b>TIMEFRAME</b>	<b>RESPONSIBLE PARTY</b>	<b>OUTCOMES</b>	<b>UPDATES</b>
<p>2a. Continue offering COS-P classes in Saline County</p> <p>2b. Continue offering COS-P classes, with a special focus on Jefferson County</p>	<p>2a. Classes &amp; meetings scheduled</p> <p>2b. Classes &amp; meetings scheduled</p>	<p>2a. Analysis of post-class data gathered – UNMC-MMI</p> <p>2b. Analysis of post-class data gathered – UNMC-MMI</p>	<p>2a. July 2016 – June 2017</p> <p>2b. July 2016- June 2017</p>	<p>2a. RIR Coordinator and COS-P Coordinator</p> <p>2b. RIR Coordinator, COS-P Coordinator, Jefferson County Coordinator</p>	<p>2a. Total classes held in Saline County</p> <p>2b. Total classes held in Jefferson County</p>	<p>2 classes held in Crete, one in English and one in Spanish</p> <p>1 class held in Fairbury</p>
2c. Educate community providers on COS-P	2c. Announcements to educators will be developed and distributed	2c. Documentation of the process will be maintained	2c. July 2016 – June 2017	2c. RIR Coordinator and COS-P Educators	2c. Marketing plan to reach educators in Saline & Jefferson County to embed trainers in the community	
2d. Recruit parent attendees	<p>2d.1. Class registration</p> <p>2d.2. Educators</p>	<p>2d.1. Class records</p> <p>2d.2. Meeting Minutes</p>	2d. On-going	2d. RIR Coordinator and COS-P Trainers	2d. Copies of Certificates of completion received.	

	<p>will provide community meetings</p> <p>2d.3. Parents will attend COS-P class consistently</p>	<p>documentation</p> <p>2d.3. Attendance rosters</p>				
<p>2e. Parent Educators will meet regularly for mutual support and to document progress</p>	<p>2e. 1. Regular meetings for trainers will be held</p> <p>2e. 2. Interface with the Community Stakeholder group to report on training progress.</p>	<p>2e. 1 Meeting Minutes</p> <p>2e. 2. Training Progress reports</p> <p>2e.3. Meeting minutes will reflect</p> <p>2e.4. Sign in roster</p>	<p>2e. On-going</p>	<p>2e. RIR Coordinator and COS-P Educators</p>	<p>2e. 1. Bonding &amp; attachment with children will be increased (documentation)</p> <p>2e. 2. Parental engagement with children will increase</p> <p>2e.3. Parents will report a higher level of satisfaction with parenting</p> <p>2e.4. Treatment planning will be completed with parents and children assessed as needing additional services.</p>	<p>Educators are meeting monthly with Stephanni Renn, COS-P Lead Educator</p>
<p>2f. Establish parent networking group to support positive SE DEV in children after parents complete COS-P</p>	<p>2f. Group venues will be selected</p>		<p>2f. On-going</p>	<p>2f. RIR Coordinator and COS-P Trainers/other community stakeholders</p>	<p>2f. 1. Trainer Cadre formed and meeting regularly, advancing support of the model in Year 3.</p> <p>2f. 2. Parents will attend networking meetings for</p>	

classes					<p>support and advanced parenting practices</p> <p>2f. 3. Parent networking will be established and sustained in the community.</p> <p>2f. 4. Support parents to establish a self-support group following graduation.</p> <p>2f. 5 Support/Establish an annual COS-P event that celebrates and honors families. Utilize “Family Night” from the Pyramid Model</p>	
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<b>OBJECTIVE 3:</b>	<b>Identify current screening for Social Emotional Development in ages 0-8 Inclusive of maternal depression screening.</b>					
<b>ACTIVITY</b>	<b>INDICATORS</b>	<b>DATA</b>	<b>TIMEFRAME</b>	<b>RESPONSIBLE PARTY</b>	<b>OUTCOMES</b>	<b>UPDATES</b>
3a. Establish training for SWYC tool with PHS & Sixpence and Barb Jackson, UNMC-MMI	3a. Meeting scheduled	3a. Training resources created	3a. July 2016-September 2016	3a. RIR Coordinator, SWYC Coordinator, & UNMC-MMI	3a. PHS staff has training tools to reach out to further providers in the community	Training was held with providers and UNMC evaluator
3b. Sixpence will continue	3b. Scoring sheets	3b. Scoring sheets	3b. On-going	3b. Sixpence, SWYC	3b. Sixpence will continue to utilize SWYC, moving	

to pilot SWYC and complete scoring sheets	submitted for evaluation			Coordinator, & RIR Coordinator	forward with referrals for any flags that come up on scoring sheets	
3c. Reach out to other local providers, including Saline Medical Specialties, to begin using SWYC	3c.1. Meeting scheduled 3c.2. Trainings scheduled	3c. Sign-in sheets for training	3c. September 2016 – June 2017	3c. SWYC Coordinator & RIR Coordinator	3c. Other local providers will begin using the SWYC screening tool.	
3d. Engage local providers to become involved in EC DEV activities in conjunction with the coalition.			3d. On-going	3c. RIR Coordinator and Community Group		

<b>OBJECTIVE 4: Determine local leadership of EC DEV Activities.</b>						
<b>ACTIVITY</b>	<b>INDICATORS</b>	<b>DATA</b>	<b>TIMEFRAME</b>	<b>RESPONSIBLE PARTY</b>	<b>OUTCOMES</b>	<b>UPDATE</b>
4a. Engage local health department to host and coordinate a district stakeholder community group	4a. Host website and registration process	4a. Calendar	4a. June 2015– June 2016	4a. RIR Coordinator and Community Group	4a. 1. Establishment of the community calendar 4a. 2. Online registration 4a. 3. Provide continuity for the project	

<b>OBJECTIVE 5: Expand and implement the Pyramid Model (PM) in Jefferson County Early Childcare venues.</b>						
<b>ACTIVITY</b>	<b>INDICATORS</b>	<b>DATA</b>	<b>TIMEFRAME</b>	<b>RESPONSIBLE PARTY</b>	<b>OUTCOMES</b>	<b>UPDATE</b>
5a. Retain Jefferson County Coordinator for PM expansion	5a. Jefferson County Coordinator signs contract to continue expansion process	5a. Signed contract	5a. June 2016	5a. RIR Coordinator & Jefferson County Coordinator (Cara Small)	5a. JeffCo coordinator is well-versed in Jefferson County providers and EC stakeholders, allowing for a smooth and seamless transition. She is knowledgeable with PM, having worked closely with the program since its start in Saline County.	Coordinator is working to build partnerships in Jefferson County as we continue expansion there.
5b. Recruit and arrange for training for 2 PM coaches.	5b. Coaches qualified to begin coaching	5b. Training completion monitored by small PM work group.	5b. June 2016-July 2016	5b. RIR Coordinator	5b. PM Coaches will be available in Jefferson County	Two coaches have gone through NE training guidelines and are now qualified Pyramid coaches.
5c. Recruit and train 12 separate childcare venues in the PM.	5c. 12 trainings complete	5c. Training Certificates		5c. RIR Coordinator	5c. 12 childcare venues will have the capacity to achieve: <ul style="list-style-type: none"> <li>• Childhood indicators for low SE DEV will decrease based on assessment data</li> <li>• CC providers will have higher competency in promoting early SE DEV</li> <li>• Reduced expulsion rates from childcare settings</li> <li>• Increased school</li> </ul>	14 providers at Kids Connection childcare center in Fairbury are enrolled and participating in Pyramid Model work.

					readiness	
<b>5d. RIR large Stakeholder group (Jefferson County) will meet regularly during the implementation period</b>	<b>5d. RIR group (JeffCo) meets 2x annually</b>	<b>5d. Meeting minutes</b>		<b>5d. RIR Coordinator and Community Group Stakeholders</b>	<b>5d. 1. Group cohesion is maintained 5d. 2. Discussion regarding other EC systems work in the community</b>	<b>This group will meet in coordination with the Saline county stakeholders, creating a larger collaborative group.</b>
<b>5e. Communication to stakeholders regarding the PM implementation and evaluation will be initiated</b>	<b>5e. Email listserv will continue to provide communication to stakeholders regularly</b>	<b>5e. Log of email communications</b>		<b>5e. RIR Coordinator</b>	<b>5e. 1. Community stakeholders will continue to be connected and involved in the process. 5e. 2. Community stakeholders will be ready to assist with the development of the Year 2 Work Plan for Jefferson County</b>	